



Correction of SW N°4 of Mechanics

Relatif Motion

EXERCISE 1

$\overrightarrow{OM} = r\overrightarrow{U_x}$ in the moving (oXY) reference frame (polar coordinates).

Relative velocity : $\overrightarrow{v_r} = \frac{d\overrightarrow{O'M}}{dt} / (OXY) = \frac{dr}{dt}\overrightarrow{U_x} \overrightarrow{v_r} = r\cdot\overrightarrow{U_x}$

Relative acceleration: $\overrightarrow{a_r} = \frac{d\overrightarrow{v_r}}{dt} / (OXY)$ avec $\overrightarrow{v_r} = r\cdot\overrightarrow{U_x}$ So $\overrightarrow{a_r} = \frac{d^2r}{dt^2}\overrightarrow{U_x} = r\cdot\overrightarrow{U_x}$

Training speed: $\overrightarrow{OO'} = \vec{0}$ because both markers have the same origin.

$$\overrightarrow{v_e} = \frac{d\overrightarrow{OO'}}{dt} + \vec{\omega}\Lambda\overrightarrow{O'M} \text{ with } \overrightarrow{OO'} = \vec{0} \text{ so } \overrightarrow{v_e} = \vec{\omega}\Lambda\overrightarrow{O'M}$$

$$\vec{\omega}\Lambda\overrightarrow{O'M} = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ r & 0 & 0 \end{vmatrix} = \omega r \overrightarrow{U_y} \text{ so } \overrightarrow{v_e} = \omega r \overrightarrow{U_y}$$

Training acceleration: $\overrightarrow{a_e} = \frac{d^2\overrightarrow{OO'}}{dt^2} + \vec{\omega}\Lambda(\vec{\omega}\Lambda\overrightarrow{O'M}) + \frac{d\vec{\omega}}{dt}\Lambda\overrightarrow{O'M}$

$$\frac{d\vec{\omega}}{dt}\Lambda\overrightarrow{O'M} = \vec{0} \text{ because } \omega \text{ constant and } \frac{d^2\overrightarrow{OO'}}{dt^2} = \vec{0}$$

$$\vec{\omega}\Lambda(\vec{\omega}\Lambda\overrightarrow{O'M}) = \vec{\omega}\Lambda(\omega r \overrightarrow{U_y}) = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ 0 & \omega r & 0 \end{vmatrix} = -\omega^2 r \overrightarrow{U_x}$$

Then $\overrightarrow{a_e} = -\omega^2 r \overrightarrow{U_x}$

$$\text{Coriolis acceleration : } \overrightarrow{a_c} = 2\vec{\omega}\Lambda\overrightarrow{v_r} = 2 \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ r & 0 & 0 \end{vmatrix} = 2\omega r \overrightarrow{U_y}$$

So $\overrightarrow{a_c} = 2\omega r \overrightarrow{U_y}$

Absolute velocity: $\overrightarrow{v_a} = \overrightarrow{v_r} + \overrightarrow{v_e} = r\cdot\overrightarrow{U_x} + \omega r \overrightarrow{U_y}$



Absolute acceleration : $\vec{a}_a = \vec{a}_r + \vec{a}_c + \vec{a}_e = (r\ddot{\theta} - \omega^2 r)\vec{U}_x + 2\omega r\dot{\theta}\vec{U}_y$

EXERCISE 2

Absolute velocity : $\vec{v}_r = \frac{d\overrightarrow{O'M}}{dt}/(R')$ with $\overrightarrow{O'M} = t^2\vec{U}_x$ so $\vec{v}_r = 2t\vec{U}_x$

Training velocity: $\vec{v}_e = \frac{d\overrightarrow{OO'}}{dt} + \vec{\omega}\Lambda\overrightarrow{O'M}$

First, we look for the vector $\overrightarrow{OO'}$

Point O' moves along axis (Ox) with speed v, so $\vec{v}_{O'} = \frac{d\overrightarrow{OO'}}{dt} = v\vec{i}$

A t=0, x=0 So $\frac{d\overrightarrow{OO'}}{dt} = v \Rightarrow \overrightarrow{OO'} = vt \text{ So } \overrightarrow{OO'} = vt\vec{i}$

$$\vec{\omega}\Lambda\overrightarrow{O'M} = \begin{vmatrix} \vec{U}_x & \vec{U}_y & \vec{U}_z \\ 0 & 0 & \omega \\ t^2 & 0 & 0 \end{vmatrix} = \omega t^2 \vec{U}_y \quad \text{and} \quad \frac{d\overrightarrow{OO'}}{dt} = v\vec{i}$$

So $\vec{v}_e = \omega t^2 \vec{U}_y + v\vec{i}$

We need to write \vec{v}_e in the same coordinate system, so we'll write \vec{i} as a function of \vec{U}_x and \vec{U}_y

We have: $\begin{cases} \vec{U}_x = \cos\theta\vec{i} + \sin\theta\vec{j} \\ \vec{U}_y = -\sin\theta\vec{i} + \cos\theta\vec{j} \end{cases} \Rightarrow \vec{i} = \cos\theta\vec{U}_x - \sin\theta\vec{U}_y$

so $\vec{v}_e = \omega t^2 \vec{U}_y + v(\cos\theta\vec{U}_x - \sin\theta\vec{U}_y) = v\cos\theta\vec{U}_x + (\omega t^2 - v\sin\theta)\vec{U}_y$

Absolute velocity :

$$\vec{v}_a = \vec{v}_r + \vec{v}_e = 2t\vec{U}_x + \omega t^2 \vec{U}_y + v(\cos\theta\vec{U}_x - \sin\theta\vec{U}_y)$$

$$\Rightarrow \vec{v}_a = (2t + v\cos\theta)\vec{U}_x + (\omega t^2 - v\sin\theta)\vec{U}_y$$

Relative acceleration : $\vec{a}_r = \frac{d\vec{v}_r}{dt}/(R')$ avec $\vec{v}_r = 2t\vec{U}_x$ so $\vec{a}_r = 2\vec{U}_x$

Training acceleration: $\vec{a}_e = \frac{d^2\overrightarrow{OO'}}{dt^2} + \vec{\omega}\Lambda(\vec{\omega}\Lambda\overrightarrow{O'M}) + \frac{d\vec{\omega}}{dt}\Lambda\overrightarrow{O'M}$

$$\frac{d^2\overrightarrow{OO'}}{dt^2} = \vec{0}, \frac{d\vec{\omega}}{dt}\Lambda\overrightarrow{O'M} = \vec{0} \text{ because } \omega \text{ is constant}$$



And $\vec{\omega}\Lambda(\vec{\omega}\Lambda\overrightarrow{O'M}) = \vec{\omega}\Lambda\omega t^2\overrightarrow{U_y} = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ 0 & \omega t^2 & 0 \end{vmatrix} = -\omega^2 t^2 \overrightarrow{U_x}$

So $\overrightarrow{a_e} = -\omega^2 t^2 \overrightarrow{U_x}$

Coriolis acceleration : $\overrightarrow{a_c} = 2\vec{\omega}\Lambda\vec{v_r} = 2 \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ 2t & 0 & 0 \end{vmatrix} = 4t\omega \overrightarrow{U_y}$

Absolute acceleration :

$$\overrightarrow{a_a} = \overrightarrow{a_r} + \overrightarrow{a_c} + \overrightarrow{a_e} = 2\overrightarrow{U_x} - \omega^2 t^2 \overrightarrow{U_x} + 4t\omega \overrightarrow{U_y}$$

Then $\overrightarrow{a_a} = (2 - \omega^2 t^2) \overrightarrow{U_x} + 4t\omega \overrightarrow{U_y}$

EXERCISE 3

The coordinates of point M in the moving reference frame $M(t^2, t)/(R')$. So $\overrightarrow{O'M}$ is written :

$$\overrightarrow{O'M} = t^2 \overrightarrow{U_x} + t \overrightarrow{U_y}$$

O' moves on the axis (Oy) with a constant acceleration γ . At instant $t=0$, the axis ($O'X$) is confused with (Ox). So $v_0=0$ and $y_0=0$ then

the acceleration of O' is: $\gamma = \frac{dv}{dt} \Rightarrow dv = \gamma dt$

After integration $v = \gamma \cdot t$

and $\frac{dy}{dt} = \gamma t \Rightarrow dy = \gamma t dt \quad \text{so} \quad y = \frac{1}{2} \gamma t^2 \quad \text{and} \quad \overrightarrow{OO'} = \frac{1}{2} \gamma t^2 \vec{j}$

Relative velocity: $\overrightarrow{v_r} = \frac{d\overrightarrow{O'M}}{dt} / (R') \text{ with } \overrightarrow{O'M} = t^2 \overrightarrow{U_x} + t \overrightarrow{U_y} \quad \text{so} \quad \overrightarrow{v_r} = 2t \overrightarrow{U_x} + \overrightarrow{U_y}$

Training velocity : $\overrightarrow{v_e} = \frac{d\overrightarrow{OO'}}{dt} + \vec{\omega}\Lambda\overrightarrow{O'M} \text{ with } \overrightarrow{OO'} = \frac{1}{2} \gamma t^2 \vec{j} \Rightarrow \frac{d\overrightarrow{OO'}}{dt} = \gamma t \vec{j}$

$$\vec{\omega}\Lambda\overrightarrow{O'M} = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ t^2 & t & 0 \end{vmatrix} = -\omega t \overrightarrow{U_x} + \omega t^2 \overrightarrow{U_y} \quad \text{so} \quad \overrightarrow{v_e} = \gamma t \vec{j} - \omega t \overrightarrow{U_x} + \omega t^2 \overrightarrow{U_y}$$

We need to write $\overrightarrow{v_e}$ in the same coordinate system, so we'll write \vec{j} as a function of $\overrightarrow{U_x}$ and $\overrightarrow{U_y}$



We have : $\begin{cases} \overrightarrow{U_x} = \cos \theta \vec{i} + \sin \theta \vec{j} \\ \overrightarrow{U_y} = -\sin \theta \vec{i} + \cos \theta \vec{j} \end{cases} \Rightarrow \vec{j} = \sin \theta \overrightarrow{U_x} + \cos \theta \overrightarrow{U_y}$

$$\text{So } \overrightarrow{v_e} = \omega t^2 \overrightarrow{U_y} - \omega t \overrightarrow{U_x} + \gamma t (\sin \theta \overrightarrow{U_x} + \cos \theta \overrightarrow{U_y})$$

$$\Rightarrow \overrightarrow{v_e} = (\gamma t \sin \theta - \omega t) \overrightarrow{U_x} + (\omega t^2 + \gamma t \cos \theta) \overrightarrow{U_y}$$

$$\text{Absolute velocity : } \overrightarrow{v_a} = \overrightarrow{v_r} + \overrightarrow{v_e} = 2t \overrightarrow{U_x} + \overrightarrow{U_y} + (\gamma t \sin \theta - \omega t) \overrightarrow{U_x} + (\omega t^2 + \gamma t \cos \theta) \overrightarrow{U_y}$$

$$\Rightarrow \overrightarrow{v_a} = (\gamma t \sin \theta - \omega t + 2t) \overrightarrow{U_x} + (\omega t^2 + \gamma t \cos \theta + 1) \overrightarrow{U_y}$$

$$\text{Relative acceleration : } \overrightarrow{a_r} = \frac{d\overrightarrow{v_r}}{dt} / (R') \text{ avec } \overrightarrow{v_r} = 2t \overrightarrow{U_x} + \overrightarrow{U_y} \quad \text{so } \overrightarrow{a_r} = 2 \overrightarrow{U_x}$$

$$\text{Training acceleration : } \overrightarrow{a_e} = \frac{d^2 \overrightarrow{OO'}}{dt^2} + \vec{\omega} \Lambda (\vec{\omega} \Lambda \overrightarrow{O'M}) + \frac{d\vec{\omega}}{dt} \Lambda \overrightarrow{O'M}$$

$$\frac{d\vec{\omega}}{dt} \Lambda \overrightarrow{O'M} = \vec{0} \text{ because } \omega \text{ constant and } \frac{d^2 \overrightarrow{OO'}}{dt^2} = \gamma \vec{j}$$

$$\text{and } \vec{\omega} \Lambda (\vec{\omega} \Lambda \overrightarrow{O'M}) = \vec{\omega} \Lambda (-\omega t \overrightarrow{U_x} + \omega t^2 \overrightarrow{U_y}) = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ -\omega t & \omega t^2 & 0 \end{vmatrix} = -\omega^2 t^2 \overrightarrow{U_x} - \omega^2 t \overrightarrow{U_y}$$

$$\text{Then } \overrightarrow{a_e} = \vec{j} - \omega^2 t^2 \overrightarrow{U_x} - \omega^2 t \overrightarrow{U_y} = \gamma (\sin \theta \overrightarrow{U_x} + \cos \theta \overrightarrow{U_y}) - \omega^2 t^2 \overrightarrow{U_x} - \omega^2 t \overrightarrow{U_y}$$

$$\overrightarrow{a_e} = (\gamma \sin \theta - \omega^2 t^2) \overrightarrow{U_x} + (\gamma \cos \theta - \omega^2 t) \overrightarrow{U_y}$$

$$\text{Coriolis acceleration : } \overrightarrow{a_c} = 2 \vec{\omega} \Lambda \overrightarrow{v_r} = 2 \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ 2t & 1 & 0 \end{vmatrix} = 4t \omega \overrightarrow{U_y} - 2 \omega \overrightarrow{U_x}$$

$$\text{Absolute acceleration : } \overrightarrow{a_a} = \overrightarrow{a_r} + \overrightarrow{a_c} + \overrightarrow{a_e}$$

$$\Rightarrow \overrightarrow{a_a} = 2 \overrightarrow{U_x} + (\gamma \sin \theta - \omega^2 t^2) \overrightarrow{U_x} + (\gamma \cos \theta - \omega^2 t) \overrightarrow{U_y} + 4t \omega \overrightarrow{U_y} - 2 \omega \overrightarrow{U_x}$$

$$\text{So } \overrightarrow{a_a} = (2 - 2\omega + \gamma \sin \theta - \omega^2 t^2) \overrightarrow{U_x} + (\gamma \cos \theta - \omega^2 t + 4t \omega) \overrightarrow{U_y}$$



EXERCISE 4 :

A $t=0$, $y'=0$ et $v=v_0$

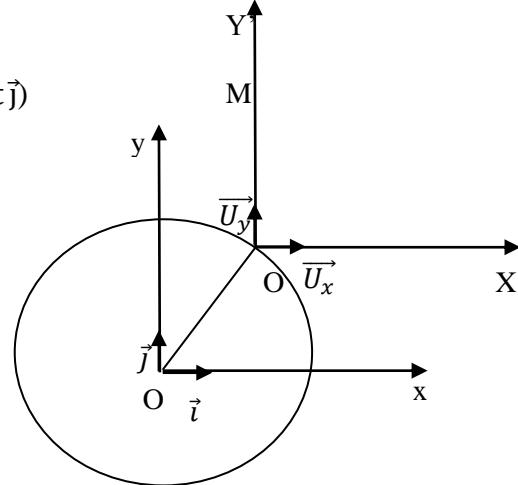
$$\overrightarrow{OM} = \overrightarrow{OO'} + \overrightarrow{O'M} \quad \text{with } \overrightarrow{OO'} = r(\cos \omega t \vec{i} + \sin \omega t \vec{j})$$

M moves along the axis ($O'Y$) parallel to Oy .

with constant acceleration γ .

$$\overrightarrow{O'M} = y \overrightarrow{U_y}, \quad \gamma = \frac{dv}{dt} \Rightarrow dv = \gamma dt$$

After integration $v = \gamma t + v_0$



$$\frac{dy}{dt} = \gamma t + v_0 \Rightarrow dy = \gamma t dt + v_0 dt \quad \text{So } y = \frac{1}{2} \gamma t^2 + v_0 t$$

$$\overrightarrow{O'M} = \left(\frac{1}{2} \gamma t^2 + v_0 t \right) \overrightarrow{U_y}$$

$$\text{Since } O'Y/\!/Oy \text{ then } \overrightarrow{U_y} = \vec{j} \text{ so } \overrightarrow{O'M} = \left(\frac{1}{2} \gamma t^2 + v_0 t \right) \overrightarrow{U_y} = \left(\frac{1}{2} \gamma t^2 + v_0 t \right) \vec{j}$$

$$\text{Finally } \overrightarrow{OM} = \overrightarrow{OO'} + \overrightarrow{O'M} = r(\cos \omega t \vec{i} + \sin \omega t \vec{j}) + \left(\frac{1}{2} \gamma t^2 + v_0 t \right) \vec{j}$$

$$\Rightarrow \overrightarrow{OM} = r \cos \omega t \vec{i} + \left(r \sin \omega t + \frac{1}{2} \gamma t^2 + v_0 t \right) \vec{j}$$

$$\text{Absolute velocity : } \overrightarrow{v_a} = \frac{d\overrightarrow{OM}}{dt} / (R) = -r \omega \sin \omega t \vec{i} + (r \omega \cos \omega t + \gamma t + v_0) \vec{j}$$

$$\text{Absolute velocity : } \overrightarrow{a_a} = \frac{d\overrightarrow{v_a}}{dt} / (R) = -r \omega^2 \cos \omega t \vec{i} + (-r \omega^2 \sin \omega t + \gamma) \vec{j}$$

$$\text{La vitesse relative } \overrightarrow{v_r} = \frac{d\overrightarrow{O'M}}{dt} / (R') = (\gamma t + v_0) \vec{j}$$

$$\text{Training velocity : } \overrightarrow{v_e} = \frac{d\overrightarrow{OO'}}{dt} + \vec{\omega} \Lambda \overrightarrow{O'M}$$

$\vec{\omega} \Lambda \overrightarrow{O'M} = \vec{0}$ because the unit vectors of the two marks are parallel, so there is no rotational movement.

$$\text{There is a translational movement } \overrightarrow{v_e} = \frac{d\overrightarrow{OO'}}{dt} = -r \omega \sin \omega t \vec{i} + r \omega \cos \omega t \vec{j}$$



Let's check that : $\vec{v}_a = \vec{v}_r + \vec{v}_e$

$$\begin{aligned}\vec{v}_a &= \vec{v}_r + \vec{v}_e = (\gamma t + v_0) \vec{j} - r \omega \sin \omega t \vec{i} + r \omega \cos \omega t \vec{j} \\ &= -r \omega \sin \omega t \vec{i} + (r \omega \cos \omega t + \gamma t + v_0) \vec{j}\end{aligned}$$

So $\vec{v}_a = \vec{v}_r + \vec{v}_e$ is verified.

Relative acceleration : $\vec{a}_r = \left(\frac{d\vec{v}_r}{dt} \right) / R'$

with $\vec{v}_r = (\gamma t + v_0) \vec{j}$ so $\vec{a}_r = \gamma \vec{j}$.

Training acceleration : $\vec{a}_e = \frac{d^2 \overrightarrow{OO'}}{dt^2} + \vec{\omega} \Lambda (\vec{\omega} \Lambda \overrightarrow{O'M}) + \frac{d\vec{\omega}}{dt} \Lambda \overrightarrow{O'M}$

$$\frac{d\vec{\omega}}{dt} \Lambda \overrightarrow{O'M} = \vec{0} \text{ and } \vec{\omega} \Lambda (\vec{\omega} \Lambda \overrightarrow{O'M}) = \vec{0}$$

Because there is a translational movement between the reference marks.

$$\vec{a}_e = \frac{d^2 \overrightarrow{OO'}}{dt^2} = -r \omega^2 \cos \omega t \vec{i} - r \omega^2 \sin \omega t \vec{j} \text{ So } \vec{a}_e = -\omega^2 r_0 (\cos \omega t \vec{i} + \sin \omega t \vec{j})$$

Coriolis acceleration : $\vec{a}_c = 2\vec{\omega} \Lambda \vec{v}_r = \vec{0}$

Let's check that : $\vec{a}_a = \vec{a}_r + \vec{a}_c + \vec{a}_e$

$$\begin{aligned}\vec{a}_r + \vec{a}_c + \vec{a}_e &= \gamma \vec{j} - r \omega^2 \cos \omega t \vec{i} \pm r \omega^2 \sin \omega t \vec{j} \\ &= -r \omega^2 \cos \omega t \vec{i} + (-r \omega^2 \sin \omega t + \gamma) \vec{j} \quad \text{So } \vec{a}_a = \vec{a}_r + \vec{a}_c + \vec{a}_e \text{ is verified}\end{aligned}$$

Supplementary exercise:

$$r = r_0 (\cos \omega t + \sin \omega t) \overrightarrow{U_x}$$

Relative velocity : $\vec{v}_r = \frac{d\overrightarrow{O'M}}{dt} / (R')$

$$O' \text{ is confused with } O, \text{ then : } \overrightarrow{O'M} = \overrightarrow{O'M} \Rightarrow \vec{v}_r = \frac{d\overrightarrow{O'M}}{dt} / (R')$$

$$\vec{v}_r = r_0 \omega (-\sin \omega t + \cos \omega t) \overrightarrow{U_x}$$

Training velocity : $\vec{v}_e = \frac{d\overrightarrow{OO'}}{dt} + \vec{\omega} \Lambda \overrightarrow{O'M} \text{ with } \overrightarrow{OO'} = \vec{0} \Rightarrow \frac{d\overrightarrow{OO'}}{dt} = \vec{0}$



$$\vec{\omega} \Lambda \overrightarrow{O'M} = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ r & 0 & 0 \end{vmatrix} = \omega r \overrightarrow{U_y} \quad \text{so } \vec{v}_e = \omega r \overrightarrow{U_y} = \omega r_0 (\cos \omega t + \sin \omega t) \overrightarrow{U_y}$$

Absolute velocity : $\vec{v}_a = \vec{v}_r + \vec{v}_e = r_0 \omega [(-\sin \omega t + \cos \omega t) \overrightarrow{U_x} + (\cos \omega t + \sin \omega t) \overrightarrow{U_y}]$

$$\Rightarrow |\vec{v}_a| = r_0 \omega \sqrt{(-\sin \omega t + \cos \omega t)^2 + (\cos \omega t + \sin \omega t)^2}$$

Then $|\vec{v}_a| = r_0 \omega \sqrt{2}$ so $|\vec{v}_a|$ is constant

Relative acceleration : $\vec{a}_r = \frac{d\vec{v}_r}{dt} / (R') \quad \vec{v}_r = r_0 \omega (-\sin \omega t + \cos \omega t) \overrightarrow{U_x}$

$$\text{so } \vec{a}_r = r_0 \omega^2 (-\cos \omega t - \sin \omega t) \overrightarrow{U_x}$$

Training acceleration : $\vec{a}_e = \frac{d^2 \overrightarrow{OO'}}{dt^2} + \vec{\omega} \Lambda (\vec{\omega} \Lambda \overrightarrow{O'M}) + \frac{d\vec{\omega}}{dt} \Lambda \overrightarrow{O'M} \quad \text{avec} \quad \frac{d\vec{\omega}}{dt} \Lambda \overrightarrow{O'M} = \vec{0}$ because ω constant and $\frac{d^2 \overrightarrow{OO'}}{dt^2} = \vec{0}$

$$\text{and } \vec{\omega} \Lambda (\vec{\omega} \Lambda \overrightarrow{O'M}) = \vec{\omega} \Lambda (\omega r \overrightarrow{U_y}) = \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ 0 & \omega r & 0 \end{vmatrix} = -\omega^2 r \overrightarrow{U_x}$$

$$\text{then } \vec{a}_e = -\omega^2 r_0 (\cos \omega t + \sin \omega t) \overrightarrow{U_x}$$

Coriolis acceleration: $\vec{a}_c = 2 \vec{\omega} \Lambda \vec{v}_r = 2 \begin{vmatrix} \overrightarrow{U_x} & \overrightarrow{U_y} & \overrightarrow{U_z} \\ 0 & 0 & \omega \\ v_r & 0 & 0 \end{vmatrix} = 2 \omega v_r \overrightarrow{U_y}$

$$\text{so } \vec{a}_c = 2 \omega v_r \overrightarrow{U_y} = 2 r_0 \omega^2 (-\sin \omega t + \cos \omega t) \overrightarrow{U_y}$$

Absolute acceleration : $\vec{a}_a = \vec{a}_r + \vec{a}_c + \vec{a}_e$

$$\vec{a}_a = -r_0 \omega^2 (\cos \omega t + \sin \omega t) \overrightarrow{U_x} - \omega^2 r_0 (\cos \omega t + \sin \omega t) \overrightarrow{U_x} + 2 r_0 \omega^2 (-\sin \omega t + \cos \omega t) \overrightarrow{U_y}$$

$$\Rightarrow \vec{a}_a = -2 r_0 \omega^2 (\cos \omega t + \sin \omega t) \overrightarrow{U_x} + 2 r_0 \omega^2 (-\sin \omega t + \cos \omega t) \overrightarrow{U_y}$$

$$|\vec{a}_a| = 2 r_0 \omega^2 \sqrt{(-\cos \omega t - \sin \omega t)^2 + (-\sin \omega t + \cos \omega t)^2}$$

Then $|\vec{a}_a| = 2 r_0 \omega^2 \sqrt{2}$ donc $|\vec{a}_a|$ is constant.