



Second Year Medicine 2024/2nd Term

ENDOSYST TD N°3

An endocrine consultation?

Often, your primary care doctor will refer you to an endocrinologist for a **suspected hormone problem**. When you first visit, the endocrinologist will ask you a series of questions to learn more about your symptoms, health habits, other medical conditions, medications, and family history of hormone-related problems.

What will an endocrinologist do on a first visit? Fill in the table below and select (a) reason(s) for the visit.

New Patient Questionnaire

NAME	
DATE OF BIRTH	
SEX	
PHONE NUMBER	
ADDRESS	

REASONS FOR VISIT

- Adrenal Issues
- Osteoporosis
- Pitutary tumor
- Thyroid Cancer
- Hypothyroidism (low)
- Hyperthyroidism (high)
- Diabetes Type 1
- Diabetes Type 2
- Prediabetes / Diabetes Prevention
- Body weight problem
- Calcium Problem
- Cholesterol Problem

- Hypertension
- Menopausal problem
- Testosterone problem
- Other

Review of Systems Check all that apply to current issues/symptoms

Here is a list of symptoms. Classify these symptoms in the adequate boxes

<u>General Well-Being</u>	<u>Cardiovascular</u>	<u>Blood System</u>
<u>Respiratory</u>	<u>Throat</u>	<u>Gastrointestinal</u>
<u>Urinary</u>	<u>Endocrine</u>	<u>Reproductive</u>

- 1- Decreased Appetite , 2- Blood in Urine, 3- Lump in throat , 4- Night Sweats, 5- Sore Throat , 6- Cough, 7- Painful Urination, 8- Fever, 9- Chronically Overweight, 10- Trouble sleeping w/out elevating head, 11- Fatigue, 12- Problems Swallowing, 13- Nausea/Vomiting, 14- Swelling of ankles, 15- Shortness of Breath, 16- Weight Gain, 17- Bloating/Gas, 18- Urinary urge, 19- Constipation/Diarrhea, 20- Fast or irregular heartbeat, 21- Chronically Underweight, 22- Enlarged Lymph Nodes, 23- Frequent Urination, 24- Cold Intolerance, 25- Reflux, 26- Chest Pain, 27- Increased thirst, 28- Trouble breathing at night, 29- Voice Change, 30- Weight Loss, 31- Erectile dysfunction (male), 32- Blood in stools, 33- Enlarged thyroid,

34- Bleed Easily, 35- Breast Discharge, 36- Increased Appetite, 37- Irregular periods (female), 38- Wheezing, 39- Tremors of hands, 40- Clots.

- **If the patient has diabetes, the doctor will ask him/her about this disease. So list some of the top questions to determine the type of diabetes that he/she suffers from :**

- 1-
- 2-
- 3-
- 4-
- 5-
- 6-
- 7-
- 8-

- **Give the English form for each of the following questions that concern one of the thyroid disease.**

- 1) A quel âge votre cancer de la thyroïde a-t-il été diagnostiqué ?
..... ?
- 2) Avez-vous été opéré(e) pour votre cancer de la thyroïde ?
..... ?
- 3) Quelle est votre dose actuelle d'hormone thyroïdienne ?
..... ?
- 4) Avez-vous des antécédents d'hypocalcémie ? Si oui, quel médicament prenez-vous pour ce problème ?
..... ?
- 5) Quand votre dernière échographie du cou a-t-elle été réalisée ?
..... ?
- 6) Connaissez-vous votre dernier taux de TSH et de thyroglobuline ?
..... ?