Accessing scientific publications can be done through various methods. Here are some effective ways:

1. **University Libraries**: If you're affiliated with a university, use your institution's library portal. Most universities provide access to a wide range of journals and databases.
2. **PubMed**: For biomedical literature, you can search for articles on PubMed, which often provides links to free full-text versions.
3. **Google Scholar**: Use Google Scholar to find scholarly articles. Sometimes, you can access full-text versions through links provided in the search results.
4. **ResearchGate**: This platform allows researchers to share their publications. You can request full texts directly from authors if they are not openly available.
5. **Academia.edu**: Similar to ResearchGate, this site allows researchers to share papers. You can find many articles and request access from authors if necessary.
6. **Open Access Journals**: Many journals publish their articles as open access. Websites like the Directory of Open Access Journals (DOAJ) can help you find these resources.
7. **Preprint Servers**: Platforms like arXiv, bioRxiv, and ChemRxiv host preprints of articles, which are often freely accessible before formal publication.
8. **Institutional Repositories**: Many universities have repositories where faculty and students can share their research outputs, including theses and dissertations.
9. **Interlibrary Loan**: If an article is not available through your library, you can often request it through interlibrary loan services.
10. **Contacting Authors**: If you find a paywalled article, consider emailing the author directly. Many authors are happy to share their work upon request.

Using these methods, you should be able to access a wide range of scientific publications effectively.