1. Introduction Phrases

Informal Expression Formal Equivalent
I’m going to talk about… This paper will examine / analyze…
This paper is about… This paper explores / investigates…
You can find a lot of info on this Extensive research has been conducted on this topic
More and more people are… An increasing number of individuals are…
This is an important topic because… This topic is significant due to…
We don’t really know much about this There is a lack of research on this issue
This has been a big topic lately This issue has gained considerable attention in recent scholarship
People have different ideas about this There is ongoing debate regarding this issue
The goal of this paper is to show… The aim of this paper is to demonstrate…

2. Argument and Discussion Phrases

Informal Expression Formal Equivalent
I think that… It can be argued that…
This means that… This implies that…
A good example of this is… An illustrative example of this is…
Scientists have found out that… Researchers have discovered that…
A bunch of studies show that… Several studies indicate that…
X says that… X argues / asserts / claims that…
This study proves… This study provides evidence that…
This is when… This occurs when…
This kind of thing happens a lot This phenomenon is frequently observed
This is a big issue because… This issue is of considerable importance because…
Lots of people think… It is widely believed that…
Another thing to think about is… Another factor to consider is…

3. Conclusion Phrases

Informal Expression Formal Equivalent
To sum up… In conclusion…
All in all… Overall…
We saw that… It has been demonstrated that…
That’s why this is important This highlights the significance of…
So, what we learned is… Thus, it can be concluded that…
This paper tried to show… This paper has aimed to demonstrate…
In the end, it’s clear that… Ultimately, it is evident that…
This research helps us understand… This study contributes to our understanding of…
The takeaway from this is… The key finding of this study is…